

Gatsby Benchmark 4

'Linking curriculum learning to careers'

Specific career content delivery and examples of the promotion of employability skills

Curriculum area:	PSHE
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Year 7/8		
Autumn term	Spring term	Summer term
<p><u>Being me in my world</u> Skills & qualities linked to future careers/work. Passive assertive and aggressive positive communication - resolving conflict - team work. How have I changed? What does family mean to me? Does my family influence me? What I choose to hear about myself. Promoting resilience.</p> <p><u>Prejudice, discrimination, hate crime and diversity</u> Problem solving - hate crime situations. Resilience - risky behaviour. Confidence, communication - diversity, living in different cultures.</p>	<p><u>Can the choices I make now influence my future?</u> Short, medium and long term goals. Resilience. Employability skills. Career choices. My on line footprint. Budgeting/Debt. Problem -solving. Gambling inc. links to mental health. Resilience.</p> <p><u>Can I become more responsible for my health and happiness?</u> Taking personal responsibility for stress. Managing stress. Resilience. Self-presentation.</p>	<p><u>Because I'm worth it...or am I?</u> Relationship with self. Negative self-thoughts. Confidence. Body image, on line and media. Competing relationships and how to meet these demands. Resilience and communication. Media on relationships and on line. Media manipulation. Creativity. Components of positive relationships. Social media and on line safety. Self-presentation. Communication. Recognising negative relationships and skills to manage them. Confidence and communication.</p> <p><u>What factors can make an intimate relationship happy and healthy?</u> Different types of committed, stable and loving relationships.</p>

		<p>Positive aspects of healthy, intimate relationships.</p> <p>Negative factors that can make an intimate relationship unhealthy.</p> <p>Choosing to come out.</p> <p>Pornography.</p> <p>Alcohol and relationships. Accessing support.</p>
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Year 9		
Autumn term	Spring term	Summer term
<p><u>To what extent does the world I live in effect my identity?</u></p> <p>Personal identity and intimate relationships.</p> <p>Peer approval.</p> <p>Social media.</p> <p>Self-identity. Resilience, communication.</p> <p>My developing brain. Resilience.</p> <p>Perceptions/ misconceptions: e.g. grooming, sexual exploitation, risk within sexual relationships, consent and risky experimentation. Confidence.</p> <p>Communication.</p> <p><u>Is being different a good thing?</u></p> <p>Sexism and homophobia.</p> <p>Perceptions of others.</p> <p>Positive and negative language.</p>	<p><u>Who do I dream of becoming?</u></p> <p>Personal strengths and weaknesses.</p> <p>SMART planning. Problem-solving.</p> <p><u>Skills careers and money management</u></p> <p>Skills and qualities (personal and transferable skills)</p> <p>Understanding job roles</p> <p>Identifying a 'Realistic Job Goal' - How to match your skills and talents to a job.</p> <p>First steps (careers, qualifications)</p> <p>Money management (salaries, budgeting, future careers)</p> <p>Mental health and body image.</p> <p>Self-esteem.</p> <p>Recognising mental ill-health: self-harm, suicide, eating disorders, depression, anxiety, pressure (peer, online and media)</p>	<p><u>Is choice important within intimate relationships?</u></p> <p>Power and control in relationships.</p> <p>Consent and assertiveness.</p> <p>Contraception.</p> <p>Sexually transmitted infections.</p> <p>Am I normal?</p> <p>Common concerns in adolescence.</p> <p>Confidence. Self-presentation.</p> <p><u>How can change effect mental health?</u></p> <p>Changing perceptions and opinions.</p> <p>Common metal health issues.</p> <p>Skills for change and pressure.</p> <p>Adapting to change.</p> <p>Self-reflection and evaluation.</p> <p>Transition to next year.</p>

<p>Banter and verbal bullying. Types of bullying. Recognising prejudice. Stereotyping. Communication. Self-confidence. Self-presentation. Creativity.</p>	<p>Maintaining mental health. Accessing support. Resilience. Communication. Creativity. <u>How can substances impact on wellbeing?</u> What does the media say about teenagers? Dental health. Alcohol and decision making. Emergency first aid. Substances and mental health. Confidence. Communication. Resilience. Problem-solving.</p>	<p>Sleep. Confidence. Communication. Problem-solving.</p>
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