

Gatsby Benchmark 4

'Linking curriculum learning to careers'

Specific career content delivery and examples of the promotion of employability skills

Curriculum area:	Health and Social Care
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Year 10		
Autumn term	Spring term	Summer term
<p><u>Component 1 A Human Growth and Development</u></p> <p><u>Life stages-</u> <i>Resilience, problem solving-</i> How to deal with: going to college/university/starting work/redundancy/retirement</p> <p>* <u>Economic factors that affect health and development/ the impact of income and wealth</u> <i>Self presentation, creativity-present PowerPoint about causes, effects on growth and development.</i></p> <p><u>Life style factors (drugs, exercise, genetic inheritance, social isolation)</u> <i>Resilience-</i> how to overcome barriers to health</p> <p><i>Teamwork-</i> how to deal with unexpected life events</p>	<p><u>Component 1 B Life events</u></p> <p><u>Resilience-</u> <i>Consider the impact of life events-</i> getting a job/debt/retirement</p> <p><i>Accident and injury-</i> loss of earnings and may affect any promotion and career prospects</p> <p><u>Problem solving-</u> <i>work out the positive and negative effects of some life circumstances-</i>exclusion from education/ redundancy, retirement</p> <p><u>Critical thinking-</u> <i>examine how life events impact on physical, intellectual, social and emotional development</i></p>	<p><u>Component 2 Health and Social Care services and Values</u></p> <p><u>Professional sources of support</u></p> <p><u>Teamwork, skills and qualities-</u> <i>research different types of professional support, produce a report with information on your selected professional carer or service</i></p> <p><u>Voluntary organisations and how they support people</u> <i>(Prince's Trust/ Relate, Cruse Bereavement Care</i></p> <p><u>Teamwork, presentation, communication-</u> <i>research job roles for primary care services and find out aim of the service, who it provides for and how it provides the service. research primary care providers job roles of: pharmacist, GP, dentist optician-present findings to the group</i></p>

		<p>Research job roles for secondary, allied care providers: cardiologist, ophthalmology. Write an advert for a job role and describe a typical day for this health care provider, skills and qualities of a support worker for children and young people</p> <p>Barriers for accessing services</p> <p><i>Problem solving, teamwork-</i> research the barriers to accessing services (culture, gender, language, education, psychological) and how these barriers can be overcome.</p>
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Year 11

Autumn term

Spring term

Summer term

Component 3 A Factors that affect health and wellbeing

Creativity, communication, skills and qualities-create a campaign highlighting the different factors (stress, genetic inheritance, life style, environment) that can affect health and development

Resilience, problem solving- respond to case studies of people who have been affected by substance abuse. Include how their development has been affected and the best possible support and services they should receive.

Interpreting health indicators Learning Aim B

Skills and qualities, numeracy, problem solving- using health indicators data work out pulse rate (resting, after exercise) Work out blood pressure data, how to control and monitor it. Work out peak flow reading and compare it to other health profiles. Work out body mass index and check it online.

Team work- as a group interpret and record physiological data of a case study and present the short and long term possible health risks.

Person- centred health and wellbeing improvement plans

Creativity- create a health and wellbeing improvement plan for given case studies
Problem solving- plan recommended actions based on a person's lifestyle indicators

Skills and qualities, teamwork- work out SMART targets to help people improve their lifestyle

Learning Aim C Person centred health and wellbeing improvement plan

Self-presentation- present a PowerPoint of the sources of support available to help people

Problem solving- address potential obstacles to implementing plans. Work out how obstacles can be overcome

Creativity, communication, teamwork, self-presentation- design a health and wellbeing improvement plan for case studies. Role play implementation of plan dealing with targets, support, a rationale for plan and any obstacles (with suggestions of how these could be overcome)

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